



# Gluten Free Menu

## Breakfast served until 11:00am

**Meadow Croft Kitchen Breakfast** £8.99  
*Pork Sausage, two rashers of smoked bacon, free-range scrambled egg, mushrooms, baked beans, tomato, hash browns and a slice of gluten free toast.*

**The Vegetarian Breakfast (V)** £8.99  
*Vegetarian sausages, free-range scrambled egg, mushrooms, baked beans, tomato, hash browns spinach and a slice of gluten free toast.*

**Add avocado/halloumi/smoked salmon** £1.50  
**The Breakfast Omelette** £7.99  
*Sausage, bacon and mushroom omelette served with baked beans and hash browns.*

**The Veggie Breakfast Omelette (V)** £7.99  
*Spinach, mushroom and tomato omelette served with baked beans and hash browns.*

## Brunch Served until 3:00pm

**Brunch Stack** £7.99  
*Sausage, bacon, mushroom, hash brown and scrambled egg served on toasted gluten free bread*

**Veggie Stack (V)** £7.99  
*Halloumi, avocado, hash brown, mushrooms and scrambled egg served on toasted gluten free bread*

**Omelettes** £8.99  
*All served with a dressed salad garnish and skin on chips*

**Mushroom, onion and cheese (V)**

**Ham, tomato and cheese**

**Bacon, mushroom and cheese**

**Toast Toppers** £7.99  
*served on two slices of gluten free toast*

**Scrambled egg and mushroom (V)**

**Welsh Rarebit**

**Smoked salmon and scrambled egg**

**Halloumi, avocado and poached egg (V)**

## Light Bites

**2 Slices of gluten free toast with butter (V)** £1.35

**Marmite** 50p

**Tiptree preserves** 50p



## House Favourites Served until 3:00pm

**Soup of the day** £5.99  
*Homemade hot soup served with sliced gluten free bread*

**Soup & Half a Sandwich** £7.99  
*Homemade hot soup with half a sandwich of your choice*

**Ham, Egg & Chips** £8.99  
*Yorkshire ham, served with 2 free-range fried eggs and skin on chips.*

**Avocado, Salmon and Prawn Salad** £8.99  
*Fresh salad made to order topped with smoked salmon. prawns in Marie-rose sauce*

## Jacket Potatoes served until 3:00pm

*Served with a dressed salad garnish and homemade coleslaw* £7.99

**Heinz Baked beans and cheese (V)**

**Tuna mayonnaise with sweetcorn or spring onion**

**Coronation chicken**

**Prawns in Marie-rose sauce** £8.49

## Toasties

*Served with a dressed salad garnish and vegetable crisps and homemade coleslaw* £7.99

**Halloumi, chilli jam and spinach (V)**

**Chargrilled Mediterranean vegetables, pesto and mozzarella (V)**

**Chorizo, mozzarella and sun-dried tomatoes**

## Sandwiches

*Freshly made on gluten free bread. Served with a dressed salad garnish, vegetable crisps and homemade coleslaw.* £6.99

**Cheese & tomato (V)**

**Yorkshire Ham and mustard**

**Sausage/Vegetarian sausage with caramelised onion chutney (V)**

**Tuna mayonnaise with sweetcorn or spring onion**

**Coronation chicken**

**Free-range egg mayonnaise (V)**

**Prawns in Marie-rose sauce**

## Sides

**Skin on fries** £2.50

Please note that we cannot guarantee these dishes do not contain traces due to all of our food being made fresh on site. Every effort is made to avoid cross-contamination.